

Homemade Borax Free Laundry Detergent

1/2 cup baking soda

1/2 cup citric acid

1 cup washing soda

1/4 cup coarse sea salt

1 bar of Castile soap*

Approx. 20-30 drops of essential oils of your choice**

*I used a bar of my own homemade coconut oil soap but you can buy castile soap in most organic or health food shops

**I used 5 drops of lavender, 5 drops of geranium and 10 drops of peppermint

Method

Grate up the bar of soap with a fine grater or alternatively you can break it/cut it into small chunks and blend it. Then add the baking soda, washing soda and citric acid. Give it a good mix and then add the salt and mix again. Finally add essential oils and mix again. You may find that your mixture becomes a bit damp and sticky and may start to froth and you can avoid this by adding some small dessicant sachets to the mix.*

*I bought a pack of 50 silica gel sachets and they are reusable. You just need to let them dry out either at room temp on a hot, dry day or in the oven at low temp. Just be careful not to accidentally put them in with your wash!